





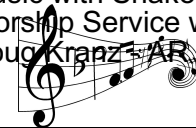












June 2026



Programs subject to change. Any questions please call the Activities Department at 613-756-2643 ext 225.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 Euchre with Donna - NN 10:15 Handy Helpers - AR 10:15 Heart for Music (1:1) 1:45 Kelly's Karaoke - AR 4:00 "Walk N Talk with Lily" 6:15 Skitts & Giggles - AR	2 10:15 Courtyard Visits(1:1) 10:15 Latin Dance with Diane - AR 1:45 Bingo - AR 	3 10:15 Bowling - AR 1:45 Jack Conner's Sing A Long - CY 2:30 Food Committee Meeting DR 4:00 "Walk N Talk with Lily" 6:15 "What's In the News?" - AR	4 10:15 Anglican Church Service - AR 1:30 Resident Council Meeting - AR 1:45 Movement Moments FPL 	5 10:00 Memorial Service with Pastor Doug Kranz - AR 1:40 Java Time FPL Zone 2 1:45 Java Time Zone3,4 AR	6 10:15 Beachball Volleyball - AR 1:45 Memory Lane - AR 
7 10:15 Sunday Cinema - AR 1:45 Virtual Worship Service - AR	8 10:15 Gardening Club - CY 10:15 Handy Helpers - AR 4:00 "Walk N Talk with Lily" 6:15 Jeopardy Labs - AR 	9 10:15 Courtyard Visits(1:1) 10:15 Latin Dance with Diane - AR 1:45 Bingo - AR Hairdressing	10 10:00 Baking - AR 1:45 Classic Country with Teddy Murray - AR 4:00 "Walk N Talk with Lily" 6:15 I Hear Memories - 	11 10:15 Outing- Dollar Store 10:15 Movement Moments - AR 1:45 Simmons Farm Pony Visits- CY	12 10:15 Music with Shakey D - AR 1:45 Worship Service with Pastor Doug Kranz - AR 	13 10:15 Silver Sneakers Exercise - AR 10:15 Tuck Shop Cart (1:1) 1:45 Movie Matinee - AR 1:45 Tuck Shop Cart (1:1)
14 10:15 Rosary - AR 1:45 Sunday Bookshelf - AR 1:45 Tuck Shop Cart (1:1) If needed 	15 10:15 Outing- Drive around Barrys Bay 10:15 Handy Helpers - AR 10:15 Heart for Music (1:1) 1:45 Joe's Piano - AR 4:00 "Walk N Talk with Lily" 6:15 Fish N Game Club - AR	16 10:15 Drum Fit - AR 10:15 Courtyard Visits(1:1) 1:45 Father's Day Bingo - AR 6:15 Station Keeper Singers?? - AR Hairdressing 	17 10:00 Crafts with Nicole - AR 1:45 Music with Krystal Jessup - AR 4:00 "Walk N Talk with Lily" 6:15 Finishing the Lines - AR	18 10:15 Beachball Volleyball - AR 10:15 Spa Visits (1:1) 1:45 Catholic Mass with Fr. John Burchat - CHPL 1:45 Courtyard Visits (1:1) 	19 10:00 Rock-A-Thon - CY 1:15 Rock-A-Thon - CY 	20 10:15 Movement Moments - AR 1:45 New Age Bowling - AR
21 9:45 Father's Day Cart (1:1) 9:45 Friendly Visits (1:1) 1:25 Father's Day Cart (1:1) 1:25 Friendly Visits (1:1) Happy Father's Day 	22 10:00 Cribbage with Donna and Connie - NN 10:15 Gardening Club 10:15 Handy Helpers - AR 1:45 Country Classics With Bart Lynch - AR 4:00 "Walk N Talk with Lily" 6:15 Horseracing - AR	23 10:15 Courtyard Visits(1:1) 10:15 Music & Motion Exercises - AR 1:45 Bingo - AR Hairdressing	24 10:15 United Church Service - AR 1:15 Outing- Dollar Store - OUT 1:45 Handy Helpers-Hauling Strawberries - AR 4:00 "Walk N Talk with Lily" 6:15 Giant Crossword - AR 	25 10:15 Drum Fit - AR 12:00 Resident Council Meeting/Luncheon - AR 1:30 Fit Minds Zone 2 FPL - AR 1:40 Fit Minds Zone 4 DR 1:45 Fit Minds Zone 3	26 10:15 Rosary & Communion with Pierre Paul and Judy - AR 1:45 Canada Day with Country Mile - AR 6:15 Things you Don't See Anymore - AR 	27 No programs today. Sorry for the inconvenience. 
28 10:15 Suzie Q Sing A Long- Hymns and Harmony - AR 1:45 Calvary Baptist Church Service - AR 	29 10:15 Gardening Club - CY 10:15 Handy Helpers - AR 1:45 Pet Visit with Henry (1:1) 1:45 The Hazleton's - AR 4:00 "Walk N Talk with Lily" 6:15 Champion Racetrack - AR	30 10:15 Courtyard Visits(1:1) 10:15 Latin Dance with Diane - AR 1:45 Giant Crossword - AR Hairdressing	 Happy Canada Day!			

AR - Assembly Room

CHPL - Chapel

CY - Courtyard

NN - Nora's Nook

OUT - Outings

