

March 2026



Programs subject to change. Any questions please call the Activities Department at 613-756-2643 ext 225.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:15 Sunday Cinema-"Touched by an Angel" - AR 1:45 Virtual Worship Service - AR	2 10:15 Handy Helpers - AR 10:30 Turquoise Sing A Long (1:1) 1:45 Percy's Keyboard with Special Guest Brian - AR 4:00 "Walk N Talk with Lily" 6:15 "Country Legends Hour" with Debbie and Ron - AR	3 8:00 Breakfast Club 10:15 Friendly Visits(1:1) 10:15 Movement Moments FPL - AR 1:45 Bingo - AR Hairdressing 	4 10:00 Baking - AR 1:45 Classic Country with Teddy Murray - AR 4:00 "Walk N Talk with Lily" 6:15 Skitts & Giggles - AR	5 10:15 Anglican Church Service - AR 1:30 Resident Council Meeting - AR 1:45 Horseracing FPL 1:45 Montessori Visits(1:1) OARC <small>Ontario Association of Residents Councils</small>	6 10:15 Worship Service with Pastor Doug Kranz - AR 1:35 Fit Minds Zone 2 FPL 1:40 Fit Minds Zone 3 AR 1:45 Fit Minds Zone 4 DR	7 10:15 Noodle Ball - AR 1:45 I Hear Memories - AR CLOCKS GO AHEAD 1 HR TONIGHT!
8 10:15 Bridgetown Music Therapy Sing A Long-Hymns - AR 1:45 Virtual Catholic Mass - AR	9 9:45 Heart for Music (1:1) 10:00 Euchre with Donna AR 10:15 Handy Helpers - AR 1:45 Who Hoo Music with Myles Klingbeil - AR 4:00 "Walk N Talk with Lily" 6:15 Men's Club-Champion Racetrack - AR 	10 10:15 Drum Fit - AR 10:15 Friendly Visits(1:1) 1:45 Bingo - AR Hairdressing	11 10:05 Fit Minds Zone 4 DR 10:15 Fit Minds Zone 2, 3 - AR 1:45 Armchair Travel to Ireland - AR 4:00 "Walk N Talk with Lily" 6:15 Pot of Gold Dice Game - AR 	12 10:15 Beachball Volleyball - AR 1:45 Ice Fossils - AR	13 10:15 Joe's Piano - AR 1:45 Java Time HS Zone 2 1:45 Java Time Zone 3,4 AR 	14 10:15 Donnie's Fiddle Exercises - AR 1:45 OLSW College-Rosary - AR
15 10:15 Sunday Bookshelf - AR 1:45 Mad River Ramblers with Jim Etmanskie and Friends - AR 	16 10:15 Handy Helpers - AR 10:30 Turquoise Sing A Long (1:1) 1:45 St. Patrick's Day Party with Country Mile - AR 4:00 "Walk N Talk with Lily" 6:15 St. Patrick's Day Word Games - AR	17 10:15 Special Event-Men's St. Patrick's Day Choir - AR 1:45 Pot of Gold Bingo - AR Hairdressing 	18 10:00 Crafts with Nicole 1:45 Country Classics With Bart Lynch - AR 4:00 "Walk N Talk with Lily" 6:15 Movie Music Night "Everything Fitz" - AR	19 10:15 Music with Shakey D - AR 1:45 Aromatherapy(1:1) 1:45 Prayers from the Heart - AR	20 10:15 Rosary & Communion with Pierre Paul & Judy 1:45 Java Time Zone 3,4 - FPL 1:45 Java Time FPL 	21 10:15 Music & Motion Exercises - AR 1:45 Bowling - AR First Day of Spring
22 10:15 Stations & Rosary - AR 1:45 Calvary Baptist Church Service - AR	23 9:45 Heart for Music (1:1) - AR 10:00 Cribbage with Donna & Connie AR 10:15 Handy Helpers - AR 1:45 Board Games - AR 4:00 "Walk N Talk with Lily" 6:15 Twilight Mysteries 	24 10:15 Drum Fit - AR 10:15 Friendly Visits(1:1) 1:45 Bingo - AR Hairdressing	25 10:15 United Church Service - AR 1:45 Young at Heart Line Dancers with Joe Bratley - DR 4:00 "Walk N Talk with Lily" 6:15 "What's In the News?" - AR	26 10:15 Bosco Buddies-Bingo - AR 1:45 Catholic Mass with Fr. John Burchat - CHPL 	27 10:15 Kelly's Karaoke - AR 1:15 Tuck Shop Cart (1:1) 1:45 Java Time HS Zone 2 6:00 Tuck Shop Cart (1:1) 6:15 Fish N Game Club - AR	28 10:15 Silver Sneakers Exercise - AR 1:45 OLSW College- Rosary - AR
29 10:15 Bible Study - AR 1:45 Lives of the Saints - AR	30 9:45 Heart for Music (1:1) 10:15 Handy Helpers - AR 1:45 The Hazleton's - AR 4:00 "Walk N Talk with Lily" 6:15 New Age Bowling - AR	31 10:15 Friendly Visits(1:1) 10:15 Movement Moments - AR 1:45 Giant Crossword - AR Hairdressing 				

AR - Assembly Room

CHPL - Chapel

DR - Dining Room/Lounge

FPL - Fire Place Lounge