

October 2026



Programs subject to change. Any questions please call the Activities Department at 613-756-2643 ext 225.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:10 Bingo-Picture Zone 2 FPL 10:15 Bingo-Picture AR Zone3,4 1:40 Bingo-Picture Zone 2 FPL 1:45 Bingo-Picture Zone 3,4 AR National Seniors Day! 	2 10:10 Bridgetown Music Therapy Sing A Long Zone 2 FPL 10:15 Bridgetown Music Therapy Sing A Long Zone3,4 AR 1:30 Fall Colour Drive 1:30 Resident Council Meeting - AR 1:45 Java Time FPL	3 No Programs Today. Sorry for the inconvenience. 
4 	5 10:00 Euchre with Donna 10:15 Fall Colour Drive 10:15 Handy Helpers - AR 1:15 Fall Colour Drive 1:45 Armchair Travel to Algonquin Park - AR 4:00 Coping with Grief- Guest Speaker Jenna Stamplicoski - AR	6 10:15 Courtyard Visits(1:1) 10:15 Latin Dance with Diane - AR 1:45 CWL Bingo - AR 	7 10:15 Beachball Volleyball - AR 1:45 Coffee and Conversation with Mary Blank- Mayor Candidate - AR	8 10:00 Crafts with Nicole 1:45 Joe's Piano - AR 	9 10:15 Rosary & Communion - AR 1:45 Fit Minds - AR	10 10:15 Music & Motion Exercises - AR 1:45 Let's Reminisce- Thanksgiving Game - AR
11 10:15 Bible Study-Spiritual Eldercare - AR 1:45 Sunday Cinema-Touched by an Angel - AR	12 10:15 Handy Helpers - AR 1:45 Horseracing - AR 	13 8:00 Breakfast Club - AR 10:15 Courtyard Visits(1:1) 10:15 Latin Dance with Diane - AR 10:15 Pet Visit with Pam & Brody (1:1) 1:45 Bingo - AR	14 10:00 Baking - AR 1:45 Country Classics With Bart Lynch - AR 6:15 Mental Aerobics - AR 	15 10:15 Drum Fit - AR 1:45 Catholic Mass with Fr. John Burchat - CHPL	16 10:15 Worship Service with Pastor Doug Kranz - AR 1:45 Java Time AR	17 9:45 Tuck Shop Cart (1:1) 1:30 Meet and Greet with Leigh Meadows- Councilor Candidate (1:1) 2:15 Tuck Shop Cart (1:1) 
18 10:15 Rosary - AR 1:45 Calvary Baptist Church Service - AR 	19 10:00 Cribbage with Donna and Connie 10:15 Handy Helpers - AR 10:15 Heart for Music (1:1) 1:45 Kelly's Karaoke - AR	20 10:15 Courtyard Visits(1:1) 10:15 Latin Dance with Diane - AR 1:45 Bingo - AR 6:15 Yo Yo Mama's Fiddle Group - AR	21 10:15 United Church Service - AR 1:45 Classic Country with Teddy Murray - AR 6:15 "What's In the News?" - AR	22 10:15 Bosco Buddies-Bowling - AR 1:45 Mad Science Demo - AR 	23 Special Event-Municipal Elections.10am-2pm. AR 10:15 Movement Moments FPL - AR 1:45 Giant Crossword FPL 	24 No Programs Today. Sorry for the Inconvenience. 
25 No Programs Today. Sorry for the Inconvenience.	26 10:15 Handy Helpers - AR 10:15 Heart for Music (1:1) 1:45 Pet Visit with Henry (1:1) 1:45 The Hazleton's - AR 6:15 "Country Legends Hour" with Debbie and Ron - AR	27 10:00 Pet Visit with Pam & Brody (1:1) 10:15 Courtyard Visits(1:1) 10:15 Latin Dance with Diane - AR 1:45 Handy Helpers-Bagging Halloween Candy - AR 	28 10:15 Flower Craft with Sheri - AR 1:45 Young at Heart Line Dancers with Joe Bratley - DR 6:15 Halloween Word Games - AR	29 10:15 Concerts in Care Ontario- Special Musical Event - AR 1:45 Bingo	30 10:15 Halloween Parade 1:45 Halloween Party with Country Mile - AR 	31 Special Event-Community Halloween Hunt 10:00am-3pm FPL 

AR - Assembly Room

CHPL - Chapel

DR - Dining Room/Lounge