



MEMO

TO: Residents and Families

From: Tina O'Malley RN, ICC

Date: September 28, 2026

Respiratory Outbreak declared:

Public Health has confirmed a respiratory outbreak at Valley Manor. Lab testing has confirmed it is Rhinovirus (common cold), however everyone can experience symptoms differently or have secondary infections, so we remain vigilant.

There are currently 3 resident cases: 1 case on zone 3 (17-32) and 2 cases on zone 2 (101-120).

- Visitors will be limited to Essential Caregivers only. The NIC has discretion to allow visits to gravely ill or palliative residents.
- Large group activities are cancelled and will be limited to small groups in individual zones.
- Restorative Care programs will continue as able, keeping IPAC precautions in place.
- Baths will continue for all residents, even if ill, by ensuring ill resident's baths are done last. Staff will provide the resident with a mask (if tolerated) while transporting.
- All respiratory outbreaks require 8 days with no new cases before Public Health will declare it over. Any resident still in isolation must complete their period of isolation even if the outbreak is over.

If you have any questions, please do not hesitate to ask.

Tina O'Malley RN, ICC