

September 2026



Programs subject to change. Any questions please call the Activities Department at 613-756-2643 ext 225.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:15 Courtyard Visits(1:1) 10:15 Latin Dance with Dianne - AR 1:45 Back to School Bingo - AR	2 10:15 Armchair Travel to New York City - AR 1:45 Classic Country with Teddy Murray - AR 6:15 Let's Reminisce-Back to School Days - AR	3 10:15 Anglican Church Service - AR 1:15 Outing- Ice Cream and a Drive 1:45 Apple Basket Toss - AR	4 10:15 Java Time FPL Zone 2 1:45 Jack Conner's Sing A Long - CY	5 No Programming Today. Sorry for the Inconvenience.
6 10:15 Suzie Q Sing A Long-Hymns & Harmony - AR 1:45 Virtual Catholic Mass - AR	7 10:15 Handy Helpers - AR 1:45 Back to School Spelling Bee - AR Labour Day	8 10:15 Latin Dance - AR 10:15 Courtyard Visits(1:1) 1:45 Bingo - AR 	9 10:15 United Church Service - AR 1:20 Outing-Drive 1:45 Gwen Coulas & Friends - AR 6:15 You Be the Judge - AR	10 10:15 Movement Moments FPL 1:45 Simmons Farm Pony Visits CY or AR - CY Volunteer Training Day 9-12pm.	11 10:15 Kelly's Karaoke - AR 1:40 Fit Minds Zone 2 FPL 1:45 Fit Minds Zone 3,4 AR 	12 No Programming Today. Sorry for the Inconvenience.
13 Residents Council Week! 	14 10:15 Gardening Club-last of season 10:15 Handy Helpers - AR 1:45 Music with Shakey D with Special Introductions to our Residents Council and our Leadership Team! - AR 6:15 Champion Racetrack - AR 	15 8:30 Breakfast Club-Residents Council - AR 10:15 Latin Dance - AR 1:45 Bingo - AR 6:15 Yo Yo Mama's Fiddle Group/ Station Keeper Singers - AR	16 10:15 Drive to Simmons Farm 1:45 New Age Bowling - AR 2:00 Residents' Council Webinar DR or (1:1) 	17 10:15 Movement Moments - AR 10:15 Resident Council Meeting - AR 1:45 Catholic Mass with Fr. John Burchat - CHPL	18 10:15 Memory Lane/Residents Bill of Rights Video - AR 11:30 Festive Friday-Special Event-Family/Resident BBQ with Bart Lynch - AR 1:45 Courtyard Visits (1:1) LTC Engagement Day! 	19 10:15 Noodle Ball 1:45 Who Hoo Music with Myles Klingbeil - AR
20 10:15 Virtual Worship Service - AR 1:45 Scripture - AR	21 10:15 Handy Helpers - AR 10:15 Heart for Music (1:1) 1:45 The Hazleton's - AR 6:15 Skitts & Giggles - AR	22 10:15 Drum Fit - AR 10:15 Courtyard Visits(1:1) 1:45 Bingo - AR 	23 10:00 Crafts with Nicole - AR 1:45 Country Mile - AR 6:15 "What's In the News?" - AR	24 10:15 Worship Service with Pastor Doug Kranz - AR Hearts and Mugs 1:00pm AR 1:20 Fall Colour Drive 1:45 Giant Crossword FPL 	25 10:15 Rosary & Communion with Pierre Paul & Judy - AR 1:45 Java Time FPL Zone 2	26 10:15 Beachball Volleyball - AR 1:45 Word Games - AR 
27 10:15 Bible Study - AR 1:45 Sunday Cinema-Heaven is for Real - AR	28 10:15 Fall Colour Drive 10:15 Handy Helpers - AR 1:45 Percy's Keyboard - AR 6:15 Fish N Game Club	29 10:15 Courtyard Visits(1:1) 10:15 Movement Moments - AR 1:45 Horseracing-FPL	30 10:00 Baking-Apple Crisp - AR 1:45 Horseracing-FPL 1:45 Afternoon Tea with Joe's Piano - AR 6:15 Finishing the Lines-AR 			

AR - Assembly Room

CHPL - Chapel

CY - Courtyard