












November 2025



Programs subject to change. Any questions please call the Activities Department at 613-756-2643 ext 225.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:15 Noodle Ball - AR 1:45 Rosary with OLSW Students - AR All Saints Day 6:15 Anglican Church Service - AR Daylight Savings Time- Clocks go back 1 Hour at Midnight
2 10:15 New Age Bowling - AR 1:45 Lives of the Saints - AR All Souls Day	3 9:45 Heart for Music (1:1) 10:15 Handy Helpers - AR 1:45 Joe's Piano - AR 4:00 "Walk N Talk with Lily" 6:15 Skitts & Giggles - AR 6:15 Tuck Shop Cart (1:1) Zone 2	4 8:00 Hunter's Breakfast Club - AR 10:15 Friendly Visits(1:1) 10:15 Movement Moments - AR 1:45 Bingo - AR 	5 10:15 Baking - AR 1:45 Classic Country with Teddy Murray - AR 4:00 "Walk N Talk with Lily" 6:15 "What's In the News?" - AR 6:15 Tuck Shop Cart Zone 4 (1:1)	6 10:15 Remembrance Day Service with Legion Branch 144 - AR 1:30 Resident Council Meeting - AR 1:45 Beachball Volleyball FPL 	7 10:15 Worship Service with Pastor Doug Kranz - AR 1:45 Jack Conner's Sing A Long - CY	8 10:15 Silver Sneakers Exercise - AR 1:45 Piano With Donna - AR 
9 10:15 Virtual Worship Service - AR 1:45 Remembrance Day Word Games - AR	10 10:00 Euchre with Donna - NN 10:15 Handy Helpers - AR 10:30 Turquoise Sing A Long (1:1) 1:45 Country Mile-"Hunters Ball" Special Treat Baked Beans - AR 4:00 "Walk N Talk with Lily" 6:15 Fish N Game Club - AR	11 10:15 Remembrance Day Service - AR 1:45 The Pipers Call Featuring John Mullin and Friends - AR Hairdressing	12 10:15 Latin Dance with Dianne - AR 1:45 Bingo - AR 4:00 "Walk N Talk with Lily" 6:15 Giant Crossword - AR	13 Residents Christmas Photo Day & Hair Touch Ups - AR 9:00-3:30pm 	14 10:15 Deer Darts - AR 1:45 Java Music Club - AR 1:45 Java Time HS 	15 10:15 Drum Fit - AR 1:45 Rosary with OLSW Students - AR
16 10:15 Bridgetown Music Therapy Sing A Long-Hymns - AR 1:45 Virtual Catholic Mass - AR	17 Christmas Decorating ALL DAY 6:15 Men's Club -Champion Racetrack - AR 	18 10:15 Latin Dance with Dianne - AR 1:45 Bingo - AR Hairdressing	19 Christmas Decorating 8:00am-12:00pm 1:45 Country Classics With Bart Lynch - AR 4:00 "Walk N Talk with Lily" 6:15 "What's In the News?" - AR	20 10:15 Bosco Buddies - Bowling - AR 1:45 Catholic Mass with Fr. John Burchat - CHPL 	21 10:15 Kelly's Karaoke - AR 1:45 Java Music Club - AR 1:45 Java Time HS	22 9:45 Spa Visits (1:1) 9:45 Tuck Shop Cart (1:1) Zone 4, Zone 3 1:00 Tuck Shop Cart (1:1) Zone 2, Zone 3 1:15 Spa Visits (1:1) 
23 10:00 Pet Visit with Tasha (1:1) 1:45 Calvary Baptist Church Service - AR 	24 10:00 Cribbage with Donna - NN 10:15 Handy Helpers - AR 10:30 Turquoise Sing A Long (1:1) 1:45 The Hazleton's - AR 4:00 "Walk N Talk with Lily"	25 10:15 Friendly Visits(1:1) 10:15 Movement Moments FPL 1:45 Armchair Travel FPL 6:15 Yo Yo Mama's Fiddle Group - AR Hairdressing 	26 10:15 United Church Service - AR 1:20 Fit Minds Zone 2 FPL 1:25 Fit Minds Zone 3 AR 1:30 Fit Minds Zone 4 NN 4:00 "Walk N Talk with Lily" 6:15 LP Record Club - AR	27 10:15 Crafts with Kris - AR 1:45 Bingo - AR Footcare C & D 	28 10:15 Rosary & Communion - AR 1:45 Gwen Coulas & Friends - AR	29 10:15 Music & Motion Exercises - AR 1:45 Hymns of the Heart with OLSW Students - AR
30 10:15 Sunday Bookshelf - AR 1:45 Scripture - AR						

AR - Assembly Room

CHPL - Chapel

CY - Courtyard

NN - Nora's Nook