

# October 2025



Programs subject to change. Any questions please call the Activities Department at 613-756-2643 ext 225.

| Sunday                                                                                                                                                                                  | Monday                                                                                                                                                                                                                              | Tuesday                                                                                                                                                                                                                                             | Wednesday                                                                                                                                                                                                                          | Thursday                                                                                                                                                                                           | Friday                                                                                                                                                                                                                                                                 | Saturday                                                                                                                                                                          |
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|                                                                                                                                                                                         |                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                     | 1<br>10:15 Movement Moments - AR<br>10:45 Bosco Buddies- Sharing Stories - AR<br>1:45 Country Classics With Bart Lynch - AR<br>4:00 "Walk N Talk with Lily"<br>6:15 "What's In the News?" - AR                                     | 2<br>10:15 Anglican Church Service - AR<br>10:15 Friendly Visits (1:1)<br>1:45 Bingo - AR<br>                   | 3<br>10:15 Fall Colour Drive<br>10:15 Montessori Visits (1:1)<br>1:30 Resident Council Meeting - AR                                                                                                                                                                    | 4<br>10:15 Noodle Ball - AR<br>1:45 Friendly Visits (1:1)<br>1:45 Movie Matinee - AR<br>       |
| 5<br>10:15 Bridgetown Music Therapy<br>Sing A Long-Hymns - AR<br>1:45 Sunday Bookshelf - AR<br>        | 6<br>10:15 Euchre with Donna - NN<br>10:15 Handy Helpers - AR<br>10:30 Turquoise Sing A Long (1:1)<br>1:45 Joe's Piano - AR<br>4:00 "Walk N Talk with Lily"<br>6:15 New Age Bowling                                                 | 7<br>10:15 Fall Colour Drive<br>10:15 Friendly Visits(1:1)<br>10:15 Latin Dance with Diane - AR<br>1:45 CWL Bingo - AR<br><br>Hairdressing                       | 8<br>10:00 Pet Visit with Anna, Peter & Sophie(1:1)<br>10:15 Drum Fit - AR<br>1:45 Percy's Keyboard - AR<br>4:00 "Walk N Talk with Lily"<br>6:15 Finishing the Lines - AR                                                          | 9<br>10:00 Crafts with Kris - AR<br>1:45 Catholic Mass with Fr. John Burchat - CHPL<br>                         | 10<br>10:15 I Hear Memories - AR<br>1:45 Java Music Club - AR<br>1:45 Java Time HS                                                                                                                                                                                     | 11<br>10:15 Music & Motion Exercises - AR<br>1:45 Let's Reminisce-Thanksgiving Game - AR                                                                                          |
| 12<br>10:15 Bible Study-Spiritual Eldercare - AR<br>1:45 Hymns with Madonna House - AR                                                                                                  | 13<br>10:15 Handy Helpers - AR<br>1:45 Who Want's To Be a Millionaire - AR<br><b>Happy Thanksgiving!</b><br><br>Happy Thanksgiving                | 14<br>10:15 Friendly Visits(1:1)<br>10:15 Latin Dance with Diane - AR<br>1:45 Bingo - AR<br><br>Hairdressing                                                    | 15<br>10:00 Baking - AR<br>1:45 Classic Country with Teddy Murray - AR<br>4:00 "Walk N Talk with Lily"<br>6:15 "What's In the News?" - AR<br> | 16<br><b>No Morning Activities Today. Sorry for the Inconvenience. Activities Staff are in Training.</b><br>1:20 Fit Minds Zone 2 FPL<br>1:25 Fit Minds Zone 3-AR - AR<br>1:30 Fit Minds Zone 4 DR | 17<br>10:15 Worship Service with Pastor Doug Kranz - AR<br>1:45 Jack Conner's Sing A Long - CY<br>6:15 Champion Racetrack-Men's Group - AR                                                                                                                             | 18<br>10:15 Spa Visits (1:1)<br>10:15 Movement Moments - AR<br>1:45 Piano With Donna - AR<br> |
| 19<br>10:15 Suzie Q Sing A Long-Hymns & Harmony - AR<br>1:45 Prayers from the Heart - AR                                                                                                | 20<br>10:00 St. John Ambulance Pet Thereapy Visit with Natasha<br>10:15 Handy Helpers - AR<br>10:30 Turquoise Sing A Long (1:1)<br>1:45 Simmons Farm Pony Visits - CY<br>4:00 "Walk N Talk with Lily"<br>6:15 Fish N Game Club - AR | 21<br>10:15 Friendly Visits(1:1)<br>10:15 Latin Dance with Diane - AR<br>1:45 Bingo - AR<br><br>Hairdressing                                                   | 22<br>10:15 United Church Service - AR<br>1:45 Young at Heart Line Dancers with Joe Bratley - DR<br>4:00 "Walk N Talk with Lily"<br>6:15 Halloween Bowling - AR                                                                    | 23<br>10:15 Kelly's Karaoke - AR<br>1:45 Armchair Travel -Mexico with Anna - AR<br><b>Footcare C &amp; D</b>                                                                                       | 24<br>10:15 Rosary & Communion with Pierre Paul & Judy - AR<br>1:45 Java Music Club - AR<br>1:45 Java Time HS<br>                                                                 | 25<br>9:45 Friendly Visits (1:1) Zone 3,4<br>9:45 Tuck Shop Cart (1:1) Zone 2,3<br>1:10 Tuck Shop Cart (1:1)Zone3,4<br>1:15 Friendly Visits Zone 2,3(1:1)                         |
| 26<br>10:15 Sunday Cinema-"Touched by an Angel" - AR<br>1:45 Calvary Baptist Church Service - AR<br> | 27<br>10:00 Cribbage with Donna<br>10:15 Handy Helpers - AR<br>10:30 Turquoise Sing A Long (1:1)<br>1:45 The Hazleton's - AR                                                                                                        | 28<br>10:15 Beachball Volleyball FPL<br>10:15 Friendly Visits(1:1)<br>1:45 Halloween Word Games FPL<br>6:15 Yo Yo Mama's Fiddle Group - AR<br><br>Hairdressing | 29<br>10:00 Pet Visit Pet Visit with Anna, Peter & Sophie(1:1)<br>10:15 Giant Crossword - AR<br>1:45 Halloween Party with Country Mile-"Special Treat!" - AR<br>4:00 "Walk N Talk with Lily"<br>6:15 Horseracing - AR              | 30<br>10:15 Handy Helpers-Bagging Halloween Candy - AR<br>1:45 Halloween Bingo - AR<br>                       | 31<br>10:15 Bosco Buddies-Halloween Dress Up Visit - AR<br>1:45 Halloween Parade ( All Zones)<br>Handing out Halloween Candy-Front Entrance Area-5:30-7:30<br><br>Happy Halloween |                                                                                                                                                                                   |

AR - Assembly Room

CHPL - Chapel

CY - Courtyard

DR - Dining Room/Lounge

NN - Nora's Nook