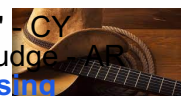
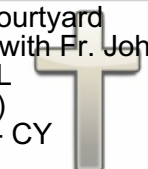


August 2025



Programs subject to change. Any questions please call the Activities Department at 613-756-2643 ext 225.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					10:15 Joe's Piano - AR 1:45 Java Music Club - AR 1:45 Java Time HS 4:00 "Walk N Talk" - CY	10:15 Noodle Ball - AR 1:30 Henna Tattoos With Bandgi CY
3	4	5	6	7	8	9
10:15 Sunday Cinema-Touched by an Angel - AR 1:45 Virtual Worship Service - AR 	10:15 Handy Helpers - AR 1:45 August Word Games - AR Civic Holiday	9:45 Courtyard Visits(1:1) 10:15 Drum Fit - AR 1:45 Bingo - AR 4:00 "Walk N Talk" - CY 	10:15 Black Jack 21 - AR 1:45 Classic Country with Teddy Murray - AR 4:00 "Walk N Talk" - CY 6:15 "What's In the News?" - AR Hairdressing	10:15 Anglican Church Service - AR 10:15 Spa Visits (1:1) 11:30 Picnic In the Courtyard - CY 1:45 Fit Minds Zone 4 NN 1:45 Fit Minds Zone 3 AR 1:45 Fit Minds Zone 2 HR 2:00 Courtyard Visits (1:1) 4:00 "Walk N Talk" - CY	10:15 Kelly's Karaoke - AR 1:15 Friendly Visits (1:1) 1:45 Java Music Club - AR 1:45 Java Time HS 4:00 "Walk N Talk" - CY 	10:15 Movement Moments - AR 1:45 Let's Reminisce-Life Stories - AR 
10	11	12	13	14	15	16
10:15 Bible Study - AR 1:45 Bridgetown Music Therapy Sing A Long-Hymns - AR 	10:00 Euchre with Donna - NN 10:15 Gardening Club 10:15 Handy Helpers - AR 1:45 Simmons Farm Pony Visits - CY 4:00 "Walk N Talk" 6:15 LP Record Club - AR 	10:15 Outing- Drive 10:15 Drum Fit - AR 1:45 Bingo - AR 4:00 "Walk N Talk" - CY	10:00 Pet Visit with Anna & Peter 10:15 Rosary - AR 1:45 Country Classics With Bart Lynch - AR 4:00 "Walk N Talk" - CY 6:15 You Be the Judge - AR Hairdressing 	10:00 Crafts with Nicole - AR 1:45 Bowling - AR 1:45 Courtyard Visits (1:1) 4:00 "Walk N Talk" - CY	10:15 Spa Visits (1:1) 10:15 Worship Service with Pastor Doug Kranz - AR 1:45 Turquoise Live with Sid - AR 	10:15 Silver Sneakers Exercise - AR 1:45 Piano With Donna - AR 
17	18	19	20	21	22	23
10:15 Sunday Bookshelf - AR 1:45 Scripture - AR	9:45 Tuck Shop Cart (1:1) Zone 3,4 10:15 Gardening Club 10:15 Handy Helpers - AR 1:15 Tuck Shop Cart(1:1) Zone 2, 4 1:45 Mad Science Demo with Bandgi - AR 6:15 Champion Racetrack - AR	9:45 Courtyard Visits(1:1) 10:00 Latin Dance 1:45 Bingo - AR 4:00 "Walk N Talk" - CY 	10:00 Baking - AR 1:45 Courtyard Visits (1:1) 1:45 Young at Heart Line Dancers with Joe Bratley - DR 4:00 "Walk N Talk" - CY 6:15 "What's In the News?" - AR Hairdressing	10:15 Friendly Visits (1:1) 10:15 Jack Conner's Sing A Long - CY 11:45 Picnic In the Courtyard 1:45 Catholic Mass with Fr. John Burchat - CHPL 1:45 Spa Visits (1:1) 4:00 "Walk N Talk" - CY 	10:00 Fit Minds Zone 2 FPL 10:00 Fit Minds Zone 3 AR 10:00 Fit Minds Zone 4 NN 1:45 Friendly Visits (1:1) 1:45 Jimmy's Radio Show - AR 4:00 "Walk N Talk" - CY	10:15 Movement Moments - AR 1:45 Things you Don't See Anytime - AR
24	25	26	27	28	29	30
10:15 Prayers from the Heart - AR 1:45 Calvary Baptist Church Service - AR	10:15 Gardening Club 10:15 Handy Helpers - AR 1:45 Pet Visit with Henry (1:1) 1:45 The Hazleton's - AR 6:15 Fish N Game Club - AR 	9:45 Courtyard Visits(1:1) 10:15 Drum Fit - AR 1:45 Bingo - AR 4:00 "Walk N Talk" - CY	10:00 Pet Visit with Anna & Peter 10:15 Prayers from the Heart - AR 1:45 End of Summer Party with Country Mile-BBQ Treat - AR 4:00 "Walk N Talk" - CY 6:15 Giant Crossword - AR Hairdressing 	10:15 Outing- Simmons Horse Farm 10:15 Noodle Ball - AR 1:45 Gwen Coulas & Friends - AR 4:00 "Walk N Talk" - CY Footcare C & D	10:15 Rosary & Communion - AR 1:15 Market Outing 1:45 Java Music Club - AR 1:45 Java Time HS 4:00 "Walk N Talk" - CY 6:15 Have You Ever – Penny In, Penny Out Game - AR	10:15 Donnie's Fiddle Exercises - AR 1:45 Jeopardy Labs - AR 
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AR - Assembly Room

CHPL - Chapel

CY - Courtyard

DR - Dining Room/Lounge

NN - Nora's Nook