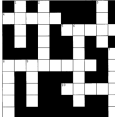


May 2025



Programs subject to change. Any questions please call the Activities Department at 613-756-2643 ext 225.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:15 Anglican Church Service - AR 1:15 Friendly Visits (1:1) 1:45 Beachball Volleyball FPL 1:45 Resident Council Meeting - AR 	2 10:15 Armchair Travel To Poland - AR 1:45 Sacred Heart League Choir Celebrates Polish Day - AR 6:15 Skitts & Giggles - AR	3 10:15 Noodle Ball - AR 1:45 Kaszuby Video - AR Polish Day! 
4 10:15 Poetry Corner - AR 1:45 Scripture - AR	5 10:15 Handy Helpers - AR 10:30 Turquoise Sing A Long (1:1) 1:40 Fit Minds Zone 3 AR 1:45 Fit Minds Zone 4 DR 1:50 Fit Minds Zone 2 HR 6:15 Gospel Music with Mike - AR	6 9:45 Friendly Visits (1:1) 10:15 Drum Fit - AR 1:45 Mother's Day Bingo - AR 	7 10:00 Pet Visit with Anna & Peter (1:1) 10:15 Rosary - AR 1:45 Percy's Keyboard 6:15 "What's In the News?" - AR Hairdressing	8 9:30 Shopping Outing- Pembroke 10:15 Crafts with Kris - AR 1:45 I Hear Memories - AR	9 10:15 Horseracing - AR 1:45 Jack Conner's Sing A Long - CY 	10 10:15 Silver Sneakers Exercise - AR 1:45 Mother's Day Word Games - AR
11 9:45 Mother's Day Cart (1:1) 1:15 Mother's Day Cart (1:1) 	12 10:15 Handy Helpers - AR 10:30 Turquoise Sing A Long (1:1) 1:45 Country Classics With Bart Lynch - AR 	13 8:00 Breakfast Club - AR 9:45 Friendly Visits (1:1) 10:15 Music & Motion Exercises - AR 1:45 Bingo - AR	14 10:00 Baking - AR 1:45 Classic Country with Teddy Murray - AR  Hairdressing	15 10:15 Drum Fit - AR 1:45 Catholic Mass with Fr. John Burchat - CHPL 1:45 Courtyard Visits (1:1) 	16 10:15 Joe's Piano - AR 1:45 Java Music Club - AR 1:45 Java Time HS	17 10:15 Movement Moments - AR 1:45 Who Want's To Be a Millionaire - AR 
18 10:15 Sunday Cinema-Touched by an Angel - AR 1:45 Hymns with Madonna House - AR	19 10:15 Handy Helpers - AR 1:45 Giant Crossword - AR Victoria Day 	20 9:45 Friendly Visits (1:1) 10:00 Latin Dance with Diane - AR 1:45 Bingo - AR 	21 10:00 Pet Visit with Anna & Peter(1:1) 10:15 United Church Service - AR 1:45 Country Mile - AR 6:15 "What's In the News?" - AR Hairdressing	22 10:15 Bosco Buddies-Bingo - AR 1:35 Fit Minds Zone 4 DR 1:40 Fit Minds Zone 3 AR 1:45 Fit Minds Zone 2 - AR Footcare C & D	23 10:15 Worship Service with Pastor Doug Kranz - AR 1:45 Java Music Club - AR 1:45 Java Time HS 	24 10:15 Music & Motion Exercises - AR 1:45 Piano With Donna - AR 
25 10:15 Sunday Bookshelf - AR 1:45 Calvary Baptist Church Service - AR 	26 10:15 Handy Helpers - AR 10:30 Turquoise Sing A Long (1:1) 1:45 The Hazleton's - AR 6:15 Men's Club- Champion Racetrack - AR	27 9:45 Friendly Visits (1:1) 10:15 Donnie's Fiddle Exercises FPL 1:35 Fit Minds Zone 3 BR 1:40 Fit Minds Zone 4 DR 1:45 Fit Minds Zone 2 HR	28 10:15 New Age Bowling - AR 1:45 Kelly's Karaoke - AR 6:15 Finishing the Lines - AR Hairdressing 	29 10:15 Drive Around the Bay/Outings - OUT 10:15 Drum Fit - AR 1:45 Java Music Club - AR 1:45 Java Time HR Volunteer Appreciation Luncheon -Legion	30 10:15 Rosary & Communion with Pierre Paul & Judy - AR 1:45 CWL Bingo - AR 	31 10:15 Noodle Ball - AR 1:45 Bridgetown Music Therapy Sing A Long - AR

AR - Assembly Room

CHPL - Chapel

CY - Courtyard

OUT - Outings

