



MEMO

TO: Families and residents

From: Tina O'Malley RN, ICC

Date: August 11, 2022

COVID- 19 Update at Valley Manor LTC

Wonderful news! Public Health has declared our COVID-19 outbreak over as of August 10, 2022.

Our staff, families and volunteers are to be congratulated on a great job in helping to end the outbreak quickly, despite the large number of residents and staff affected. Residents were overjoyed to get the news and begin enjoying the dining and outdoor facilities again.

Our COVID-19 procedures will now return to pre-outbreak status:

- ✓ Residents may again have up to four (4) visitors in the room at a time. Visitors may also enjoy the common areas such as lounges, courtyard and activities (space allowing as social distancing is still required). If visiting in a shared room, please continue to ensure the curtain is drawn between beds.
- ✓ Please continue to visit with only your loved one at this time. Visiting room to room, or multiple residents increases the risk of transmission of germs. COVID-19 is transmissible for 48 hours prior to symptom onset (some do not present with symptoms) and may not be detected by a rapid antigen test early on.
- ✓ All staff and visitors will return to wearing a regular surgical mask without eye protection unless caring for/visiting a resident who is ill/isolating, in which case, all PPE will be required. Masks are required to be worn at all times, including when in the courtyard.
- ✓ Essential Caregivers will return to performing a rapid antigen test twice a week and may enter the facility once the test has been taken.
- ✓ General visitors are again welcome and require proof of a negative test prior to entry, taken the day of the visit, or on the previous day. Please allow approximately 20 minutes for test result.
- ✓ Rapid testing will continue to be performed by the screener at the front entrance and a card with the result will be provided. Please keep these cards as your proof of testing for your next visit. For the purposes of testing, a week is considered to be Monday to Sunday.

- ✓ All visitors must be fully vaccinated to enter the facility. Essential caregivers and support workers also require a booster dose. Unvaccinated visitors may arrange virtual or window visits through Activities at extension 225.
- ✓ Activities and Restorative Care programs will resume, with activities being provided in small groups to start for the first week.
- ✓ Residents may again enjoy social outings. Please inform the Nursing department of plans to take a resident out so medications, meals, etc. may be arranged. Residents will continue to require a COVID-19 PCR test on day 5 after the outing. No isolation is required.
- ✓ We also have some good news about hairdressing. Simone Brotton, hairstylist will be coming in Friday, August 12th to assist with some of her former clients and stated more residents could be added. Simone stated that She is willing to come in a few times just to help us out in getting haircuts caught up. Simone is also booked for August 17th and she will provide further availability as she is able until we find a permanent hairdresser. Please contact the front office at extension 221 to book an appointment for your loved one.

Thank-you for your support and understanding during this very challenging time. If you have any further questions, please contact us.

Tina O'Malley RN, ICC