



MEMO

TO: Families

From: Tina O'Malley RN, ICC

Date: February 23, 2022

COVID- 19 Update at Valley Manor LTC

Wonderful news! Valley Manor's outbreak is over! We want to thank everyone for their diligence in following Public Health advice and infection control measures.

- ✓ Residents will be returning to the dining room for meals as of February 23rd.
- ✓ Small group activities by resident zone will resume.
- ✓ **Essential Caregivers** must have a Rapid Antigen test, at a minimum, two (2) times per week. A negative result obtained is valid for the next day, therefore tests will not be performed on two consecutive days. Please keep your proof of result cards to show the screener you have had 2 in one week. Once the test has been performed, the essential caregiver may proceed to the resident's room. For the purposes of testing, a week is considered to be Monday to Sunday.
- ✓ **General visitors/support workers** require proof of a negative test prior to entry, taken the day of the visit, or on the previous day. Again, a proof of result card will be provided. The rapid testing takes 15-20 minutes to perform. Those support workers who are regulated health professionals may enter prior to receipt of test result. General visitors must be fully vaccinated.
- ✓ **Rapid antigen testing** for essential caregivers and general visitors will be performed only during specific hours due to the workload involved in testing required of all staff and visitors.

Hours for testing:

7 days a week: 9:45-10:45 AM

Monday to Friday: 2:45-3:30 PM

Saturday and Sunday: 3:00-4:00 PM

- ✓ **Social absences** will resume. Day absences do not require isolation on return, unless a high-risk exposure has occurred, but will require a rapid test and PCR test on day 5 after the absence.
- ✓ **Overnight absences** may resume for fully vaccinated residents with at least one **booster**. Residents will be required to isolate until a PCR test done on day 5 is negative.
- ✓ Visitors, up to a maximum of 3 per resident, may visit at a time. Please remember to keep the curtain closed between residents to provide privacy and assist with social distancing.
- ✓ Masks must remain in place for the entire visit. Eating in the room with the resident is not permitted. There is limited room in the dining room for visitors. Please call ahead and order a meal tray if you plan to visit during a meal time.

If you have any questions, please do not hesitate to contact us.

Tina O'Malley RN, ICC