

FROM THE DESK OF

DR. JASON MALINOWSKI

Medical Director, Valley Manor Long-term Care Home
Barry's Bay, Ontario

February 14th, 2022

Dear Residents and Families,

This continues to be a challenging time for you, and for us, during this pandemic.

We are all tired of the protocols, tired of the restrictions, and above all just plain tired. This most recent period has seen more residents and staff affected than we have at any previous time during the pandemic. Despite the restrictions, the daily rigorous testing, the isolation, Omicron has still found a way to get in and cause havoc. Unfortunately, some of our residents have been quite sick with COVID and tragically, a few have died. Mercifully, with the roll-out of the vaccine many of our residents have been able to avoid infection or serious illness. I have to commend the staff and administration for their hard work and advocacy for the residents in minimizing the potential pandemic damage on the home. Who would have predicted at the beginning, that we would still be in restrictions in the spring of 2022.

There is some light at the end of the tunnel. Immunity appears to be increasing in the population. The number of COVID patients in hospital seems to be decreasing. We may be seeing a rollback of some of the restrictions. So I want you to hold on to hope that with everything we are doing collectively, that we will be able to emerge from the pandemic soon. That we will be able to get together again as a Care Home family, that we will be able to share smiles and hugs with our families and caregivers. This has been a very difficult marathon for all of us, and we have done an amazing job given the hardships and the constant changes. We will each continue to contribute our part, because we are much better together. So hold on a little longer. We have very exciting things planned for the future of the residents of the home.

Dr. Jason Malinowski, your Medical Director

