



December 22, 2020

Merry Christmas and Thank you from Trisha Sammon CEO Valley Manor

A heartfelt thank you to all of our supportive families of loved ones here at Valley Manor. Thank you for your encouragement and for your remarkable cooperation with us while we work so hard to care for and protect your loved ones.

Our team has gone above and beyond the call of duty to ensure that the residents of Valley Manor are well cared for throughout the pandemic.

We are being tested in ways we have never been before, and we are getting through this one step at a time.

On behalf of Valley Manor, we wish you joy and peace over the holiday season, along with good health and much happiness for you and your families in the year ahead.

I am including some additional important information for your reference over the Christmas Holidays from our Infection Control Coordinator and Resident Services Coordinator. Please don't hesitate to call our main office if you have any questions.

Respectfully,

Trisha Sammon



December 22, 2020

Attention: All Families of loved ones in Valley Manor

On December 21, 2020, the Ontario Government announced the implementation of a **province-wide shutdown**, effective Saturday, December 26, 2020 at 12:01 a.m.

The province has been divided by Northern Ontario and Southern Ontario; **Renfrew County and District (RCD) is considered part of Southern Ontario.**

The shutdown will remain in effect **until Saturday, January 23, 2021.**

For Valley Manor, this shutdown affects our home and residents in the following ways:

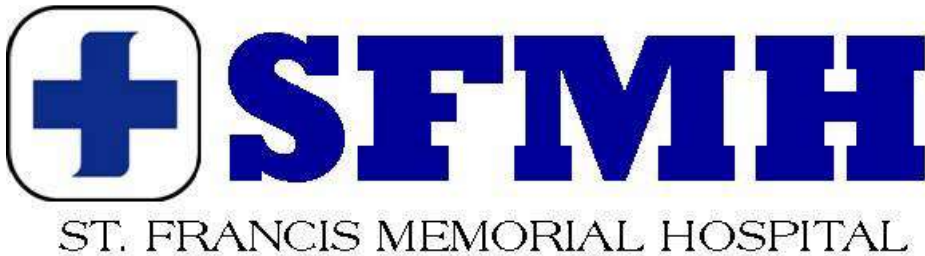
- All family visits **including Essential Caregiver visits** will be cancelled.
- Foot care, Physiotherapy visits and other similar externally provided services will be cancelled. Virtual assessments will be provided as able.
- Hairdressing services will be cancelled.
- Activities will be limited to individual **in-room** visits.
- Window, telephone and virtual visits via Skype/Facebook will be offered **by appointment** through the Activities department by calling 613-756-2643 extension 225.

Please continue to do your part to protect our residents, staff and families as well as yourselves by:

- Staying at home if sick and monitoring for symptoms
- Practice physical distancing (2 meters)
- Wear a mask/face covering when physical distancing cannot be maintained
- Wash your hands
- Consider vaccination not only for COVID-19 but for Influenza as well (many symptoms of influenza are the same as COVID-19)

Thank-you in advance for your understanding in ensuring the safety of our residents,

Tina O'Malley RN, ICC



December 14, 2020

RE: Foot Care Provisioning/Services Charges—New Effective February 1, 2021

SFMH is dedicated to ensuring access to services especially for high risk individuals. We are very proud to be providing nursing lead podiatry services to clients at Valley Manor and in the communities of Barry's Bay and Killaloe. .

In response to an in-depth review and in order to continue to address the growing needs of our community we have made the decision to increase the per session cost for both new admissions (initial assessment and treatment) and for follow-up treatments. This will allow SFMH to sustain these services long term in response to growing volumes and needs.

The new/revised rates effective February 1, 2021 are \$45.00 for new clients and \$35.00 for subsequent/follow-up sessions.

Thank you for your understanding.  
Sincerely,

*May-ellen Harris*